

Implementation Models, Theories & Frameworks

Expert Recommendations for Implementing Change (ERIC)

The Expert Recommendations for Implementing Change (ERIC) model is a comprehensive, evidence-based framework that helps clinicians and researchers select and tailor implementation strategies. It provides 73 standardised strategies that can be adapted to the needs and context of different healthcare settings.

Type

Determinant framework that serves as a taxonomy of implementation strategies.

Purpose

The ERIC framework guides the systematic selection and adaptation of evidence-based implementation strategies that can be adapted to specific healthcare contexts.

Elements

- **Taxonomy of Strategies:** A structured list of 73 implementation strategies, ranging from capacity-building (e.g. training) to engagement approaches (e.g. stakeholder consultation).
- **Contextual Adaptability:** Strategies are designed to be modified to suit organisational, cultural, and resource-based circumstances across diverse healthcare environments.
- **Evidence-Based Focus:** The taxonomy is informed by a comprehensive evaluation of existing literature and expert opinion.

Use with

Consolidated Framework for Implementation Research (CFIR): This combined approach enables practitioners to develop tailored implementations that are both evidence-based and contextually relevant, enhancing the effectiveness of healthcare interventions.

Strengths and Limitations

STRENGTHS

- Provides a systematic and comprehensive classification of strategies that can be matched to contextual barriers and enablers.
- Supports the use of established strategies and the identification and resolution of context-specific challenges.
- Strong evidence base drawn from diverse research and expert input.
- Modular design allows flexible selection and tailoring of strategies.
- Offers standardised terminology that improves communication across implementation teams.

LIMITATIONS

- Some strategies may not be applicable across all settings or interventions.
- The model does not consistently address health equity, meaning additional equity-focused strategies may be needed to support vulnerable populations.

See it in practice



[Considering health literacy in cardiovascular case management: a qualitative study on healthcare professionals' and patients' perspectives \(Perrin et al., 2022\).](#)



[Implementation strategies in the context of medication reconciliation: a qualitative study \(Stolldorf et al., 2021\).](#)

Find out more



[A refined compilation of implementation strategies: results from the Expert Recommendations for Implementing Change \(ERIC\) project.](#)



[Expert recommendations for implementing change \(ERIC\): protocol for a mixed methods study.](#)



[A refined compilation of implementation strategies: Results from the Expert Recommendations for Implementing Change \(ERIC\) project.](#)



[CFIR-ERIC Implementation Strategy Matching Tool](#)

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