

EBP Barriers and Enablers

What are the things that make it difficult for you to implement evidence-based practice (EBP)?

Tick the elements below that make EBP difficult for you. Can you identify what would stop this barrier from becoming an issue for you?

Individual Barriers	Actions to overcome this barrier
My lack of: ☐ Self-belief in my ability ☐ Personal motivation to change ☐ Awareness of EBP 'elements' ☐ Research skills (I don't know how to 'do' research) ☐ Research knowledge (I don't know how to interpret research) ☐ Literature searching skills ☐ It's not a priority in my workload ☐ I feel guilty when I engage in EBP activities rather than seeing patients The lack of: ☐ (availability of) quality research to implement ☐ Access to resources/library Other:	
Team/Department/Organisational barriers	Actions to overcome this barrier
The lack of: ☐ Time in my workload to 'do' EBP activities ☐ Funding ☐ Management support to devote time to EBP activities ☐ Administrative support (for grant writing, data analysis, etc) ☐ Support in career structure (time spent in 'research' isn't 'favoured'/'rewarded' in clinical workloads) ☐ Support for implementation of research findings/evidence from the literature ☐ Authority to change practice ☐ A supportive EBP culture where I work ☐ Resources (e.g. computers, library) ☐ Our Key Performance Indicators (KPIs) don't reflect EBP activities Other:	