

Planning Your TRIP: A Quick Start Guide

A quick start guide to Translating Research into Practice (TRIP)
and the essential tools you need along the way.

Note: TRIP is not a linear process - you might want or need to visit one location more than once.

Start here



Foundation

Become familiar with Translating Research into Practice (TRIP) and the goals of QH-TRIP.

Essential Tools:

Implementation
Masterclass



Identify a Problem

Clearly define the clinical problem for your implementation plan.

Essential Tools:

Evidence practice gap matrix
Evidence practice gap assessment
Ishikawa diagram

Evidence to Support Change

Appraise and apply the best available evidence to support your project.



Essential Tools:

CASP Checklists
Librarian



Planning for Change

Design a plan for change by understanding your context and stakeholders, and identifying the right implementation strategies.

Essential Tools:

Stakeholder mapping
Plan on a page
Program logic
Theories, Models and Frameworks

Implementing Change

Put evidence into action – engage stakeholders, apply strategies, and manage resistance to change.



Essential Tools:

Consolidated Framework for
Implementation Research:
Strategy Design



Evaluating Change

Measure progress, quality, and impact to understand what's working and where to refine your project.

Essential Tools:

Program logic
Queensland Health Evaluation
Toolkit

Sustaining Change

Embed improvements into everyday practice to ensure benefits endure and expand.



Essential tools:

Sustainability Theories and Frameworks
The Center for Implementation -
Solutions for Sustainability Planning:
The Long Term Success Tool

qhtrip.csd.s.qld.edu.au